

THIS IS A COMPANION DOCUMENT TO DRAFT COVID-19 CATCHER AND TENDER VESSEL PROCEDURES, version 1.5

PREPARATION

- Watch this video on preparation and preventing COVID-19 spread: <https://vimeo.com/398986642>
- Watch this video on how easily infection can be spread: <https://www.youtube.com/watch?v=3wPKBpk7wUY>

Preparation

- Have you identified local lodging options if you have to leave sick crew on shore?
- Have you identified contact information for local medical clinics if you have a suspected COVID-19 case?
- Have all your crew been screened and oriented to these procedures prior to arrival?

Arriving Crew

- Ensure all arriving crew have completed 2-week self-quarantine and/or screening
- Screen arriving crew for fever, symptoms, or recent COVID-19 exposure
- Educate crew on how to prevent and recognize COVID-19, show this video: <https://vimeo.com/398986642>

Isolation or Quarantine Rooms:

IF VESSEL DOES NOT HAVE SEPARATE ISOLATION OR QUARANTINE ROOMS, SKIP THIS SECTION

- Identify which rooms will be used for isolation of sick people
- Ideally, it should be a private room with a bathroom.
- If this is not available, designate rooms that will house only sick crew.
- A separate bathroom should be designated for sick crew.
- Identify which rooms will be used to quarantine crew with close contact exposure to a suspected COVID-19 case if necessary.
- Identify what the minimum safe staffing requirements are for a vessel in case of a widespread isolation or quarantine.

Personal Protective Equipment (PPE):

- Ensure adequate PPE is available on board, work with your medical suppliers and other vessels to obtain adequate supplies
- N95 masks #3
- Surgical masks #5-10
- Disposable impermeable long-sleeved gown #3
- Disposable medical gloves #50
- Eye protection such as goggles or disposable face shields that cover the front and sides of face #3
- Train crew on appropriate donning and doffing techniques for PPE. <https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>
- Have disposal plan - soiled PPE should be in sealed, watertight garbage bags

Galley:

- Galley crew must wash hands before preparing or touching food
- Galley crew should consider masking and wearing gloves while serving food. They must not touch their face.
- Galley should be prepared to send individual meals to crew and clean dishes separately.
- Eliminate family style dining.
- Train galley staff to serve food on individually prepared plates
- Crew should not touch serving utensils, eliminate common serving utensils
- Galley staff should pre-set table with plates and utensils
- Consider use of single use cups/plates, etc. if able to manage that level of waste, otherwise wash dishes in hot, soapy water
- Aggressively sanitize push buttons/lever beverage dispensers, condiments, etc. (areas that people may touch during meal service)
- Stagger meal periods to reduce number of people in the galley or reduce seating capacity
- Ensure people sanitize their hands on the way to and from the galley
- Have individual snack pre-made and distributed to crew. Eliminate common serving dishes.
- Post hand and cough hygiene posters throughout vessel.

Medical supplies:

- Vessels should have appropriate diagnostic supplies on board for the level of medical skill available including:
 - stethoscopes
 - blood pressure cuffs
 - pulse oximeters
 - thermometers
- Vessels should have medical treatment options on board appropriate for the level of medical skill available including:
 - acetaminophen
 - oral rehydration salts
 - potentially oseltamivir (Tamiflu)
 - potentially antibiotics to treat bacterial respiratory infections
 - potentially supplemental oxygen, IV fluids and supplies, airway support

Ensure adequate cleaning supplies:

- for cleaning (chemical, cleaning cloths, disposal wipes),
- for sanitizing (Bleach)
- for disinfecting (approved chemical)
- PPE for cleaning staff (masks, goggles or face shields, disposable gloves, disposal aprons)
- bags for disposal.

Have alcohol-based hand sanitizer (at least 60-70%) ready for use at these locations:

- Upon entry to ship
- In the galley
- Wheelhouse
- Throughout the vessel
- Have disposable tissues and waste bins available throughout the vessel.